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## Upcoming Events in Murray Hill...January 6, 2020

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The information in this eblast is provided by The Murray Hill Neighborhood Association. We are sharing the information as a service to our members. If this notice does not interest you, please disregard it.

These weekly eblasts are available online at [www.murrayhillnyc.org](http://www.murrayhillnyc.org), in the News section, view Weekly Updates 2019.

For street or lane closures visit [www.murrayhillnyc.org](http://www.murrayhillnyc.org) Traffic Change Updates section.

Please share this email with a friend, neighbor or colleague. You can sign up for these emails at [www.murrayhillnyc.org](http://www.murrayhillnyc.org), scroll down the Also Happening column, scroll down past the flowers.

**NOTICE TO MHNA MEMBERS:** Our Membership personnel and systems are changing, and you may experience delays in receiving your membership information when you join or renew your membership. [An up to date list of the discounts](#) can be viewed on the MHNA website. If you received an acknowledgement email when renewing or joining online, you can use it as proof of membership while you are waiting for your membership card. If you have any questions, please contact [info@murrayhillnyc.org](mailto:info@murrayhillnyc.org).

### Temporary Lane Closures on Park Avenue

**January 6 - approximately January 20**

#### Temporary Lane Closures on Park Avenue

There will be temporary lane closures on Park Avenue between 39th & 40th Street from January 6 until approximately January 20, to facilitate installation of new railings along the north portal walls of the Park Avenue Tunnel. The right parking lane will be redesignated to become a travel lane. The left lane will be closed. Two lanes of traffic will be maintained. Work will begin on the northbound (east) side first, and then will continue on the southbound (west) side of Park Avenue. [Flyer](#).

### Professional Head Shot for Social Media

**January 7 6 - 7:30pm**

#### Picture Yourself Online

FREE. First come, first served - no advance registration required. Do you need a professional headshot to use online for LinkedIn or other social media platforms? A professional photographer will take your picture in front of a white/colored backdrop.

Photos will be optimized for online use and emailed to you in 6-12 business days. (You must provide a valid email address so that your photos can be emailed to you.)

**January 8 Save the Date!**

## **Gov. Andrew Cuomo will hold his 2020 State of the State address**

### **State of the State Address**

The address coincides with the first day of the legislative session for the year. This year it will not be combined with a budget presentation. Cuomo and state lawmakers face steep challenges this year with a \$6.1 billion budget gap to close by the end of March when the state budget is expected to pass. Source: Nick Reisman, [nystateofpolitics.com](http://nystateofpolitics.com), December 13, 2019.

**January 9 5-7pm**

**January 10 12-2pm**

## **Open House at Pilates on Fifth**



FREE and open to the public. Visit the penthouse studio at Pilates on Fifth and learn how you can get stronger, longer and leaner regardless of your age or current fitness level. Over 150 private and small group classes are available weekly. In addition to Pilates, you can learn about their SilkSuspension, Core Align, Rock Solid Sculpting and Cardiolates training. Golden Pilates classes are available for those in their "golden years." Special gifts will be offered to MHNA members who purchase \$100 and \$200 worth of services. For information call 212-687-8885 or email [info@pilatesonfifth.com](mailto:info@pilatesonfifth.com). [Flyer](http://Flyer).

at [501 Fifth Avenue](#) (at 42nd Street)  
Suite 2200

**January 9 6 - 7:30pm**

## **NY StartUP! Business Plan Competition - Orientation Session**

### **NY StartUP! Business Plan Competition**

Want to start a business? Enter the Business Plan Competition: the winner gets \$15,000! With this program you will be able to write an effective business plan to get your startup off the ground. Come to the orientation session and get more info at [nypl.org/bizplan](http://nypl.org/bizplan).

And save the date for **Workshop #1: NY StartUP! Business Plan Competition: Workshop #1: Business Planning & Research**. The first workshop for your business plan will show you how to write a business plan and will share with you the resources available for you to do your research to get a leg up on your competition. This workshop will be offered at 3 different times so that you can come to the one that suits you best: **January 11 from 12 - 1:30pm**, **January 15 from 6 - 7:30pm**, and **January 22 from 6 - 7:30pm**. [Editor's note: this competition takes a lot of work, but you'll learn a lot, and the odds are good!]



**January 16 7 - 8pm**

## **The Artist Series at TBMS: Nathan Bellott Trio and Sebastien Ammann Trio**

FREE. Join The Turtle Bay Music School for the final event of The Artist Series at TBMS for back to back performances from two of their most cherished jazz outfits. Space is limited. Register at: <https://www.eventbrite.com/e/the-final-artist-series-nathan-bellott-trio-and-sebastien-ammann-trio-tickets-86001690371>.

Turtle Bay Music School  
330 East 38th Street (between 1st & 2nd Avenue)



January 19 3pm Reception, 3:30pm Music

## Winner's Recital Young Artist Awards: Bixby Kennedy, Clarinet and Mika Sasaki, Piano

FREE and open to the public (suggested contribution \$10). 2019 Serge & Olga Koussevitzky Young Artist Award winners Bixby Kennedy, Clarinet, and Mika Sasaki, Piano perform works by Leonard Bernstein, George Gershwin, Francis Poulenc, Will Rowe (World Premiere) and Paul H. Kirby Rowe (World Premiere). Reception with coffee and cookies at 3pm, music at 3:30pm. This concert is made possible by Members of the Musicians Club of New York. RSVP to [rsvp@musiciansclubofny.org](mailto:rsvp@musiciansclubofny.org) with your name and the number of seats you wish to reserve – you should receive a confirmation within 24 hours. [Flyer](#).  
Scandinavia House - Victor Borge Hall  
58 Park Avenue (between 37th & 38th Street)



January 25 6-8pm

## Closing Reception for exhibit 'Small Works' at Gallery35

Affordable gems and great gifts. FREE and open to the public. [gallery35nyc.com](http://gallery35nyc.com), email [gallery35ny@gmail.com](mailto:gallery35ny@gmail.com).  
at Gallery35  
30 East 35th Street (between Park and Madison Avenue)

January 27 6:30 - 7:30pm

## NYU Langone Heart Health Lecture

FREE. NYU Langone's Center for the Prevention of Cardiovascular Disease offers educational events throughout the year through its Heart Health Lecture Series, a patient education initiative that focuses on topics related to helping people take control of their heart health and work toward a healthier future. [Learn more about the Heart Health Lecture Series and the January lecture](#). Save the dates for future lectures: February 27, March 26. View previous lectures at the same link above.  
at NYU Langone Health  
Alumni Hall B  
550 First Avenue (at 31st Street)

## NYU Langone Heart Health Lecture Series

## Help Count the Homeless for Project HOPE

Monday, January 27 10pm - 4am

## The Department of Homeless Services (DHS) conducts the annual Homeless Outreach Population Estimate (HOPE)

Volunteers are needed to help count the homeless to provide the estimate of New Yorkers sleeping unsheltered on the streets that is required by the US Department of Housing and Urban Development. In order to conduct this survey, Department of Homeless Services needs volunteers to canvass parks, subways, and other public spaces to estimate the number of people who are living on the street. Volunteers are needed from approximately 10pm to 4am on the night of January 27th and volunteer sites are available all over the city, including in Community District 6—at PS 116. This work will enable DHS to collect necessary information that will help them move individuals from the streets to a safe environment. [Learn more and/or](#)

register. <https://a071-dhsmobile.nyc.gov/dhsmobile/hope/registration/#/>. Source: Community Board 6.

through January 31

## Health Insurance Open Enrollment for 2020 Plans (NYS Healthcare Marketplace)

For New York State healthcare marketplaces, open enrollment ends on **January 31, 2020**, unless you qualify for a Special Enrollment Period. Eligible policy holders will still receive cost-sharing subsidies to help make the cost of health insurance more affordable. Please note that if you already have a health insurance policy through the individual marketplace and want to make a change, you can do so on or after November 16th.

For more information visit <https://www.healthcare.gov/blog/2020-open-enrollment-key-dates>.

New York State may have extended dates, financial assistance, and other options, visit <https://nystateofhealth.ny.gov> [Editor's note: I did not find information for 2020 on this site, but there is the option to call or chat.]

## Health Insurance Open Enrollment

## Music in Midtown resumes February 20 1 - 2pm

FREE and open to the public. No reservation required. Save the dates: February 20, *Trio Entartete*: Junah Chung, viola; Eric Heubner, piano; Timothy Reudeman, saxophone. March 5, *Phantasies: Violin and Piano* Magdalena Filipczak, violin; Jessica Osborne, piano. March 19, *Politics of Inclusion*: Sylvia Kahan, piano and Quartet 131. April 2, *Orion String Quartet*. April 16, Peter Vinograde, piano; Setsuko Nagata, violin; Chris Finckel, cello. April 30, *Chamber Music on Fifth I*. May 14, *Chamber Music on Fifth II*.

at the CUNY Graduate Center - Elebash Hall  
[365 Fifth Avenue](#) (between 34th & 35th Street)

## Music in Midtown

through February 23

## [Holiday Train Show at the New York Transit Museum](#)

FREE. The New York Transit Museum displays a miniature electric railroad running over, through, and beneath some of New York's most magnificent landmarks. This holiday exhibit features model trains traveling along a 34' long, two-level, "O" gauge model train layout. This year's exhibit is set against a mural designed by cartoonist Julia Wertz. Departing from a miniature replica of Grand Central Terminal, the Transit Museum's collection of Lionel trains will dazzle the eyes of children and adults alike! Photo by Filip Wolak Courtesy of the New York Transit Museum. in Grand Central Terminal (near the Stationmaster's office) 42nd Street at Vanderbilt



## Ongoing events in the neighborhood

## Free Legal Clinics for Veterans

First Monday of each month (except holidays) 1 - 3:30pm

### Manhattan VA Hospital Military Mondays Free Legal Clinic

The attorneys are available by appointment and to walk-in clients on Military Mondays: the first Monday of every month (except holidays) at VA's Manhattan Campus. Valuable legal services are being offered free of charge by high status NYC legal firms to Veterans at, or below poverty level. Pro bono legal services can help Veterans with legal programs relating to social security benefits, housing concerns and child support issues. In cases of immediate need or to make appointments, they recommended calling 917-661-4500 which acts both as an appointment line and a hotline to refer clients to the appropriate avenue for relief.  
423 East 23rd Street  
1st Floor Atrium



### AKC Museum of the Dog

[museumofthedog.org](http://museumofthedog.org), 212-696-8360. The Museum of the Dog has one of the finest collections of canine-related art. The special exhibits and permanent collection combine fine arts with cutting edge technology and interpretation. The Museum of the Dog provides unique and engaging experiences for visitors of all ages. Many programs are free with the price of admission. Check their website calendar for events. Tuesday through Sunday 10am to 5pm.  
at AKC Museum of the Dog  
[101 Park Avenue \(entrance on 40th Street\)](#)

Mondays 7pm

### Big Apple Chorus open rehearsals (for men and women)



FREE. If you can carry a basic tune you can join New York City's longest running non-classical men's (and now women's) a cappella singing group, a diverse group of all ages and backgrounds. Open rehearsals are held almost every Monday at [111 East 33rd Street](#) (between Park & Lexington Avenues) in the Norman Thomas High School auditorium, but call or email first to confirm schedules and holidays. No reservation necessary. For more information visit [www.bigapplechorus.org](http://www.bigapplechorus.org). Telephone: 646-535-2191.

at the Norman Thomas H.S. Auditorium

[111 East 33 Street, 2nd Floor](#)

### Henry George School of Social Science

FREE classes. Single classes and 8-course certificate programs: Principals of Political Economy . Economic Science . Money, Credit & Banking . Land Value Capture: Theory and Practice . The New Economics of the Business Cycle . Free Trade and Globalization . History of Economic Thought, and more. Students can take courses or single classes. For information email [education@hgsss.org](mailto:education@hgsss.org) or call 212-889-8020. Learn more about the courses and register at [hgsss.org](http://hgsss.org).

at Henry George School of Social Science

[149 East 38th Street](#) (between Lexington & 3rd Avenue)



# The Morgan Library & Museum



TURTLE BAY  
MUSIC SCHOOL

## The Morgan Library & Museum Calendar

The Morgan Library & Museum, [225 Madison Avenue](#) at 36th Street. MHNA members can book tickets for The Morgan's public programs (concerts, talks, films, etc.) at The Morgan's member price. This applies to all single events (except for the Orchestra of St. Luke's concerts). Click "Member" [when ordering online](#), or if you are ordering by phone mention that you are a MHNA member. Call Visitor Services at 212-685-0008 for phone orders

## Turtle Bay Music School

See their website for additional information. Website: [www.tbms.org](http://www.tbms.org), email: [info@tbms.org](mailto:info@tbms.org) at Turtle Bay Music School  
[330 East 38th Street](#) (between 1st & 2nd Avenue)

## MTA Metrocards

## MTA Metrocard Bus and Van Schedule

## Community Meetings

**Community Board 6 Calendar**. Community Board 6 meetings are open to the public, and you can express your views and concerns about various issues.

## Community Board 5 website

The **17th Precinct Community Council meeting** is held on the last Tuesday of every Month at 6:30pm at the Sutton Place Synagogue, [225 East 51st Street](#). Check their website for details. Also look for their Build the Block (neighborhood policing) meetings.

## New York Public Library Events

### Schwarzman Building

[476 Fifth Avenue](#) (42nd St and Fifth Ave)

**Calendar** (many events are family friendly) Check their calendar for workshops on computers and popular software such as Excel and Word, book talks, programs for kids, films, etc. Many of the Mid-Manhattan Branch programs have been relocated to the Schwarzman Building while Mid-Manhattan is being renovated.

### Science, Industry and Business Library (SIBL)

[188 Madison Avenue](#) @ 34th Street

Many FREE events and workshops for small businesses, individuals and families  
**Calendar**

**For individuals and families:** The Financial Coaching Corps program supports the financial stability of individuals and families in the community. One-on-one sessions with a financial coach provide tools and skills for money management. [Learn more and sign up for a free session with a local counselor.](#)

**For seniors:** They can also help with questions about Medicare [nypl.org/moneymatters](http://nypl.org/moneymatters).

**For businesses:** Quick Consultations - quick tips and pointers on how the resources of the Library can help you and your business. For more information visit

<https://www.nypl.org/help/services/smallbiz/quick-consultation>

### **Mid-Manhattan Library**

455 Fifth Avenue

The Mid-Manhattan Library is closed from August 1, 2017 until 2020 for renovation. Services are relocated to the Schwarzman Building, SIBL and other neighborhood libraries during the renovation. For more general information on the temporary closure and on the project overall, please visit [nypl.org/midtown](http://nypl.org/midtown). To share feedback or ask questions, please email [midtown@nypl.org](mailto:midtown@nypl.org).

### **Kips Bay Library**

446 Third Avenue

[Calendar](#) (many events are family friendly)

### **Grand Central Library**

135 East 46th Street

[Calendar](#) (many events are family friendly)

### **Calendar of Events in Bryant Park**

## **CUNY Graduate Center Calendar**

Music-in-Midtown: [FREE concerts at 1pm and evening concerts \(resumes in February\)](#) Save the dates: February 20, March 5, March 19, April 2, April 16, April 30, May 14.

[Free Public Events at The Gotham Center for New York History](#)

CUNY Graduate Center

[365 Fifth Avenue](#) (between 34th and 35th Street)

## **Baruch Performing Arts**

Some events are free.

Lawrence N. Field Center for Entrepreneurship (events & workshops)

[55 Lexington Avenue](#) (at 25th Street) "The Tower", Suite 2-140

[eship@baruch.cuny.edu](mailto:eship@baruch.cuny.edu)

**Every day at 12:30pm**

### **Official Grand Central Terminal Tour**

This 75-minute tour, led by Municipal Art Society docents, highlights the history, architecture and operation of the world's largest train terminal.

MHNA members get the MAS member price

Cost: \$25 adults / \$20 MAS members

[Register for tour](#) (click Group, space is limited)

Meet at GCT's Main Concourse



**Every Friday 12:30pm**

## **FREE Walking Tour of the Grand Central Neighborhood**

The Grand Central Partnership offers a no-reservations-required walking tour that

**CUNY  
Graduate  
Center**

**Baruch  
College  
Calendar**

provides a survey of many architecturally and historically significant sights around Grand Central Terminal. For additional information visit <http://www.grandcentralpartnership.nyc/things-to-do/tours> or contact [info@gcpbid.org](mailto:info@gcpbid.org). Meet in the street-level atrium at [120 Park Avenue](#) (southwest corner of East 42nd St and Park Avenue)

## The MHNA Better Together!

**If you are not a member  
or your membership has lapsed  
please join/renew now**

Join / Renew

Donate

### Connect with The Murray Hill Neighborhood Association



Follow [@murrayhillnyc](#) on Instagram  
or [@MHNANYC](#) on Facebook.  
And, don't forget to tag [@murrayhillnyc](#)  
in your Murray Hill-inspired Instagram photos!

Visit the MHNA website [www.murrayhillnyc.org](http://www.murrayhillnyc.org)

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with "Remove" in the subject.

